

WHO ELSE WILL BE INVOLVED?

You will also meet the Scientists, who complete the clinical team and our helpful Reception and Administrative Team who assure you of the best personalised care and support throughout your care with Concept.

WHO ARE WE?

Concept Fertility Centre is a private clinic, working in association with The University of Western Australia, Edith Cowan University and University of Notre Dame.

Concept has been a leading Fertility Centre providing Assisted Reproductive Technologies (ART) in Western Australia since 1982.

Concept is proud to offer state of the art private facilities:

- Private Day Hospital
- Treatment Rooms
- Scientific Laboratories
- Counselling Services
- Affiliated blood collection centres all around the metropolitan area

INVESTIGATION & TREATMENT OPTIONS

- Fertility Investigations
- Natural Fertility Enhancement programs
- Assisted Reproductive Treatment Programs
- Surgical Sperm Retrieval services
- Sperm storage services
- Oocyte (Egg) Storage
- Donor Program (Eggs, Sperm, Embryos)
- Surrogacy

At Concept continuity of care and support is of utmost importance to us.

We provide dedicated, experienced Patient Coordinators to support, guide and advise you throughout your treatment.

Embarking on treatment can be challenging and IVF is a difficult process and not something you should need to do alone. Advice from our specialised Counsellors is available at any time.

COMMITMENT TO QUALITY

Concept is committed to the pursuit of excellent in all of its services. To ensure you receive the best treatment, we are accredited to the latest ISO 9001 Standard, incorporating the standards for safety and quality in healthcare.

Concept is also accredited by the Reproductive Technology Accreditation Committee (RTAC), National Association of Testing Authorities (NATA) and is licenced by the WA Reproductive Technology Council (RTC). Concept is also licenced under WA and Commonwealth legislation.

WHERE DO I START?

1. Ask your GP or Gynaecologist to refer you to one of Concept's Specialist Gynaecologists.
2. Complete your consultation with Concept Specialist Gynaecologist.
3. Meeting with Patient Coordinator at Concept
4. Review of Health Status
5. Start your Treatment Program



CONCEPT DOCTORS

Dr Lucy Williams (Medical Director)	(08) 9389 9188
Dr Graeme Thompson	(08) 9382 2679
Dr Kevin Artley	(08) 9382 2388
Dr Erica Shellabear	(08) 9481 1581
Dr Mini Zachariah	(08) 9389 5000
Dr Adam Gubbay	(08) 9382 9550

Concept Fertility Centre

218 Nicholson Road, Subiaco
Western Australia 6008

Concept Fertility Centre (SOUTH)
80 Farrington Road, Leeming WA 6149

PO Box 966, Subiaco WA 6904

Tel: (08) 9382 2388 Fax: (08) 9381 3603
E-mail: concept@conceptfertility.com.au
Website: www.conceptfertility.com.au



PREPARING FOR PREGNANCY

Attempting to get pregnant should be a happy time. It is also important that you are in good health.

Stress Management

Controlling stress will certainly improve how you feel. Research between Concept Fertility Centre and the University of Western Australia has shown that stress can have a detrimental effect on fertility. Our Counsellors at Concept can assist in developing a stress control program for you.

Sensible Diet

Trying to enjoy a healthy balanced diet with plenty of fruit vegetable and cereals is sensible as is the addition of a Folic Acid Supplement. If you supplement your diet with multivitamins, make sure that they are safe to take in early pregnancy and that they do not exceed the recommended daily limits.

Exercise

Regular and moderate exercise is important to maintain general health and well-being. Generally, you can continue with your normal exercise regime whilst you are trying to conceive and during early pregnancy.

Smoking

Cigarette smoking has been shown to affect the quality of sperm and eggs and is toxic to developing embryos. It is advisable to seek advice and support from your GP to help you stop smoking whilst you are trying to get pregnant.

Seeking Help

Remember, when you are trying to get pregnant, seek help if it isn't happening. Your GP will help you with the first steps. If, after 6 months of trying (or 3 months if you are over 35 years of age), you haven't fallen pregnant, you should seek expert advice from a Gynaecologist specialising in fertility.

WHERE TO START

The first step in seeking assistance is to ask your GP or regular Gynaecologist to refer you to one of Concept's Gynaecologists who are experts in the management of fertility and infertility issues. Together with you, they will establish the best plan including specialist investigation and where appropriate treatment.

will establish the best plan including specialist investigation and where appropriate treatment.

Your Concept Gynaecologist will maintain contact with your GP at all times.

WHAT DO YOU LOOK FOR IN A FERTILITY CENTRE?

Choosing a clinic is a personal decision. It is worthwhile to find out as much as possible about a clinic before you start, including treatment success rates. Concept welcomes questions on any aspect of infertility management and the services our Centre provides.

Our dedicated Patient Liaison Officer is available to answer all your questions and can be contacted on (08) 9382 2388.

You need to ask the question;

What percentage of all patients achieved pregnancy in the last 12 months? OR How many treatment cycles are required on average to achieve a pregnancy?

The success rates of clinics vary and it is important to get up to date information. Treatment success rates will vary depending on the skill and technology of the clinic.

At Concept Fertility Centre, 1 in 3 couples are pregnant on their first attempt. On average pregnancy is achieved within 2 treatment cycles. Our success rates are world standard.

At Concept we have no barrier to treating older women and can provide you with information on success rates for your particular age group.

TREATMENT CYCLE COST?

In advance of starting treatment you should ensure that you have all the information about the full costs involved. At concept we have a simplified billing process:

1. Concept Fertility Centre
2. Concept Day Hospital

In addition you will be billed by your Gynaecologist for cycle management and hospital procedures and the Anaesthetist for procedures requiring anaesthesia.

Because every situation is different, each patient is treated as an individual and their circumstances evaluated to ensure the best management and most appropriate treatment program. This means that as

treatment costs will vary between patients, taking into account the different elements involved.

TREATMENT PROGRAMS

At Concept we offer both Tailored and Bulk Bill Treatment Programs.

Concept's Bulk Billing Program is designed specifically for patients on a limited financial budget with minimal extra service needs and who meet certain clinical criteria.

Within this Program, all Concept Fertility Centre services will be provided at bulk billed rates. The only out of pocket costs relate to the provision of medical and anaesthetist fees, plus day hospital admission fees for patients without Private Health Insurance.

Our ever popular Tailored Treatment Program lets you plan a cycle with your Specialist Gynaecologist that's tailored to your own needs, this may include additional services such as donor sperm, donor eggs or embryo screening.

Concept is the only Fertility Centre in WA which does NOT charge you any up-front, out of pocket fees.

All Concept Treatment Programs are available without upfront payment and with the offer of Interest Free Payment Plans. Speak to one of our Accounts Team to discuss how this might work for you.

Concept provides the widest range of treatment programs to suit all budgets.

If you are eligible for Medicare Safety Net most of your fees will be reimbursed by Medicare. If you have top Private Health Insurance cover you will not pay any Concept Day Hospital admission charges.

When considering costs you should consider the results of different treatment types. A number of attempts of treatment with an overall low chance of success will end up more expensive than one or two cycles of a highly successful treatment program.

WILL I HAVE MY OWN DOCTOR AT EVERY STAGE OF MY TREATMENT?

At Concept your Gynaecologist will attend to you personally whenever possible throughout your treatment. Our Nursing staff work closely with our Specialist Medical Team and are available 7 days a week.