



My Wellness Centre



Mavis Carruthers - Naturopath

Sclerology & Iridology - determines your health strengths & weaknesses. Regain vibrancy by reducing ToxinLoad – Foundation to Healing.
Call **0433 471 984** for more info



Liz Hannen - Acupuncturist (TCM)

Relieve stress and tension. Bring your body back into balance. Feel happy & healthy!
Naturopath of 9 years experience.
Call **0438 676 306** for more info



Rose Carruthers - Access Consciousness™

Specialises in hands-on energetic bodywork and verbal processing that unlocks your capacities to create your life with more ease.
Call **0433 788 027** for more info



John Podgorny - Bowen Therapy

Unique and gentle, yet powerful, sending neurological impulses through the soft tissues to relieve pain/discomfort.
Call **0438 810 316** for info

BOOK NOW!

Feel the Difference!



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